

## Life Group Questions

1. Scott almost shaved himself bald. Can you share an incident when you made some misstep that was embarrassing to you?

2. Scott shared about some of the things that he has found to be hindrances in his personal life...such as TV, video games, Facebook. What do you believe are some of the hindrances in your own life? What leads you to think that these areas may be hindering you?

3. The point was made that it's not so much about exactly how many minutes you spend doing each hobby or point of entertainment in your day, but that the heart of the issue has more to do with how each of us are running the race that God has given us to run. How would you say you are running your race? Why?

4. Read over Hebrews 12:1-2 again together. How have you seen these two areas (our encumbrances and our sin) affect your own personal walk with Christ? Would you say that you have an easier time recognizing one of those areas over the other? Why do you think that is?

5. Scott spoke about three specific points out of the two verses in Hebrews 12:

First, was our need to lay aside everything that slows us down. (We must choose to stop running our race while carrying the unnecessary weights of sins and/or distractions)

Second, was the call to run our race with endurance. (This is where the things of this world become like sleeping pills to our hearts and cause us to become apathetic)

Lastly, was our need to keep our eyes fixed on Jesus. (He is our ultimate example and when we take our eyes off of Him is when we fall into traps like legalism or lethargy)

Which of these three areas do you feel that you are doing well? Which of them do you see the most need for growth?

6. What are your thoughts on idea of every Christian being a soldier that is active service? What are some of the reasons why we can have such a hard time maintaining that mindset? How can we go about living inside of that truth?

7. The three "Next Steps" that Scott mentioned were: prayerfully analyze your running, begin to lay aside your weights, and fill that time with Jesus. In what ways do you believe the Holy Spirit is leading you regarding these three areas? Is there anything specific that you believe He is already speaking to you?