

IHOPE ONE-HOUR PRAYER GUIDE New Year's Day of Prayer 2022

FIRST TEN MINUTES: (I) Immerse in God's Story

HOPE PRACTICE: Immerse in God's Story. When we saturate our souls in the promises of scripture and look for God's good story written in our lives, hope grows. AND...in a very real sense, Jesus is the story of God; the Word of God. Immerse in Christ and hope grows.

READ & PONDER: John 3:1-16, Colossians 3:1-17, Philippians 3:1-16 -- What will I do this year to create more space in my heart and day for Jesus? How can I immerse myself in the story of God, if Jesus never gets my time?

QUOTE: *It's the time factor that kills most of us. Tell me how much time you spend alone with God and I will tell you how spiritual you are. Not how many meetings you go to...or how many gifts you have... Tell me what time you spend alone with God and I'll tell you how spiritual you are.* Leonard Ravenhill

PRAY: Ask the Spirit of God to show you what keeps you from loving Jesus and receiving his love with all your heart. Confess sin, every heart-distraction. Ask God to draw us back to Jesus as our first love and show you how to create space for Jesus?

WORSHIP EXTRA: If you want to take extra time in this section, listen to this worship song from Calvary's team and ponder a bit more the treasure of Christ. [Calvary Worship - O Holy Night - YouTube](#)

SECOND TEN MINUTES

(H) Have a Reason for the Hope Within You

HOPE PRACTICE: In I Peter 3:15, Peter challenges us to always be ready to give a reason for the hope that is in you. I would add to that challenge "and pray that someone asks you!"

READ & PONDER: Revelation 3:7-13. With only a bit of power surrounded by darkness and a great spiritual battle; this story had hopeless written as the headline. But Jesus gave them an open door of hope. He opened a door no one could shut, because they kept his Word and did not deny His name. If Jesus were to give you an open door, for what would you ask Him?

QUOTE: *Moses spent the first forty years of his life thinking he was somebody. He spent the next forty finding out he was a nobody. He spent the last forty years finding out what God can do with a nobody.* D.L. Moody

PRAY: Of all we have requested, God is able to do more than you can imagine. Spend some time imagining what God could do in your neighborhood, in your family, in your life. Then ask Him for more. Ask Him for open doors to share the reason for your hope.

WORSHIP EXTRA: If you would like to spend some extra time in this section, listen to this song by our worship team and ask God to pour out hope through you. [Calvary Worship - Hope's Anthem - YouTube](#)

THIRD TEN MINUTES: (O) Offer Living Proof of a Loving God

HOPE PRACTICE: The Psalmist calls us to put our hope in the unfailing love of God. (Psalm 130:7) But so many do not really believe God loves them. Our acts of kindness and blessing provide others with living proof of a loving God; which gives others hope!

READ & PONDER: Matthew 5:14-16, Matthew 25:34-40. How have I served Jesus...or missed Jesus in the last three weeks. When we bless others, we are living proof of a loving God. How have I offered living proof of a loving God to my hashtag? If I'm not, what's keeping me from being a light in my neighborhood?

QUOTE: *Did I offer peace today? Did I say words of healing? Did I let go of my anger and resentment? Did I love? These are the real questions. I must trust that the little bit of love that I sow now will bear many fruits, here in this world and the life to come.* Henri Nouwen

PRAY: For those on your hashtag list. Pray specifically for each one by name. Pray for opportunities to offer them hope by giving them living proof of a loving God. Ask to God to give you an opportunity to love them and invite them into your life and God's story.

WORSHIP EXTRA: If you would like to take extra time in this section, listen to this song by We the Kingdom, and let it draw you to worship the God who loves every sinner, including us. "God So Loved" [We The Kingdom - God So Loved \(Acoustic\) - YouTube](#)

FOURTH TEN MINUTES: Pray with Expectancy

HOPE PRACTICE: Expectancy is faith on tiptoes. I don't know what's coming but I know it's good! We are called to pray in hope. But travailing prayer adds an element of burden, like a woman in childbirth. Travailing prayer is lamenting with hope to give birth to something new. Revival will never happen without travailing prayer.

READ & PONDER: Romans 8:18-27, Isaiah 64:1-8. For what is my heart burdened? Does my heart break for the things that break the heart of God? All of creation groans, the Spirit groans to give birth to glory. Do I groan? Do I travail for a new thing?

QUOTE: *We simply don't have the luxury of playing nice with prayer. Not if we want things to change. Not if we want to be free—from whatever's keeping us held down and held back. Not if we want our hearts whole and thriving and deep and grounded... Not if we want to reach our destinies and experience God's promises. ...Not if we want to bear the unmistakable mark of His favor upon us.* Priscilla Shirer

PRAY: Ask God give you the gift of tears, to give you a burden for revival. Ask the Spirit to groan with you. Ask God to rend the heavens and come down, to rend our hearts and come in. Ask that the altars of pain and suffering from the last 22 months; the pain and suffering of racial injustice; the pain of mental health issues and relational difficulties and grief would all become birthplaces of revival. **Pray especially for the next generation**, that the broken places in their hearts and minds would lead to lamenting with hope. Ask God for a new move among our youth. God is getting ready to birth revival in our neighborhoods and in the next generation.

WORSHIP EXTRA: If you would like to spend a bit extra time in this section listen to this song "Heaven Invade" and as you listen, continue to ask for a move of God among our youth. Heaven invade the next generation. [Calvary Worship - Heaven Invade - YouTube](#)

FIFTH TEN MINUTES

Encourage Others

HOPE PRACTICE: Few practices share hope like encouraging others. When we let people know that we believe in them; that we see God at work; that God loves them and sees them and is with them; when we speak hope into their lives, hope multiplies.

READ & PONDER: 2 Corinthians 9:6-15. Paul says that our sacrificial generosity leads others to cheer God! It reflects on His indescribable gift of Jesus! Our sacrificial generosity is not just something we do with our money, or even our time. Am I generous with my words? Am I cheering others on? Speaking hope into their lives? Do I take the time to tell others the good and even the potential that I see in them? I believe in you.

QUOTE: *The brave who focus on all things good and all things beautiful and all things true, even in the small, who give thanks for it and discover joy even in the here and now, they are the change agents who bring fullest Light to all the world.* Ann Voskamp

PRAY: Ask God to give you a word of encouragement, for someone in need of hope. It might be a verse, or a promise, or a story, or something you see in them. Write it down and find a way/time to share that with them. I am convinced that the church has not yet seen all of its heroes of the faith. Ask God to give you a part in speaking courage and hope into the next generation; speaking hope into those who are marginalized and suffer racial injustice; that they might become a generation of all-in heroes of the faith, who live with open hands, fully trusting in Christ, fearlessly loving others.

WORSHIP EXTRA: If you would like to spend a little more time in this section, listen to this song and ask God to bring to mind someone who needs to hear these words. [Calvary Worship - Take Courage - YouTube](#)

SIXTH TEN MINUTES

OUR HOPE: Personal renewal is what happens when I draw a circle around myself and ask God to revive everything in the circle. Corporate revival is what happens personal renewal happens to many people in the church. What's dead comes alive. When personal renewal leads to corporate revival we always have a community awakening... awakening to the reality and presence of God and His love for us. Jesus gets lifted up by the Spirit and people are drawn to Him.

READ: Acts 2

PRAY: Take these last few minutes and focus on one or more of those three, personal renewal, corporate revival, or community awakening. And ask God to do again, what He has done so many times before. When you are ready, close with the abounding hope prayer on the next page.

WORSHIP EXTRA: If you would like to take a little extra time for this section, listen to this song about hope from Red Rocks worship and then close with the Abounding Hope prayer on the next page. [Red Rocks Worship - Now Here \(Official Lyric Video\) - YouTube](#)

ABOUNDING HOPE PRAYER

Father God, saturate our hearts with hope.

When our days are dark, shine your light in souls. When our eyes are blind to your hand, renew our expectancy. Give us the wide-eyed anticipation of a child waiting on Christmas morning; a deep hope that the best is yet to come.

Jesus, saturate our hearts with hope.

Give us that spark in our eyes that dares to see a life redeemed from the mess, while it's still covered with shame. Give us a subversive hope that loves in the margins; a tenacious what-if hope that perseveres in the face of every missed moment, every failed expectation. Fill us with the hope of resurrection.

Spirit of God, saturate our hearts with hope.

Fill us with joy and peace. We confess the dryness of our bones, the hope-draining disunity of your church, and the brokenness of our families and neighborhoods. Spirit of God, without your power we have no hope. Fill us again.

As in the days of Ezekiel, breathe new life into dry bones...

As in the days of Mary, fill us with your presence...

As in the days of Acts, empower again a ragtag group of Jesus-apprentices so that we might become those who turn the world upside down...

Hear our prayers, Lord. Stir our hearts with holy hope. Fill our valleys with the knowledge of your glory. Revive your church and renew your people. Pour out your fierce, sacrificial love through us into our neighborhoods. Let us be the hope-givers; bringing the thrill of hope to a weary world in need of rejoicing!

Amen